

Please check the life skills you practiced while participating in the Fashion Revue and Clothing and Textiles projects. Discuss the meaning of unfamiliar words with your 4-H Leader/Extension Agent.

HEAD		HEART	
Managing	Thinking	Relating	Caring
<input type="checkbox"/> Resiliency	<input type="checkbox"/> Service Learning	<input type="checkbox"/> Communication	<input type="checkbox"/> Nurturing Relationships
<input type="checkbox"/> Keeping Records	<input type="checkbox"/> Critical Thinking	<input type="checkbox"/> Cooperation	<input type="checkbox"/> Sharing
<input type="checkbox"/> Wise Use of Resources	<input type="checkbox"/> Problem Solving	<input type="checkbox"/> Social Skills	<input type="checkbox"/> Empathy
<input type="checkbox"/> Planning/Organizing	<input type="checkbox"/> Decision Making	<input type="checkbox"/> Conflict Resolution	<input type="checkbox"/> Concern for Others
<input type="checkbox"/> Goal Setting	<input type="checkbox"/> Learning to Learn	<input type="checkbox"/> Accepting Differences	
HANDS		HEALTH	
Giving	Working	Living	Being
<input type="checkbox"/> Community Service	<input type="checkbox"/> Marketable Skills	<input type="checkbox"/> Personal Safety	<input type="checkbox"/> Self-esteem
<input type="checkbox"/> Leadership	<input type="checkbox"/> Teamwork	<input type="checkbox"/> Disease Prevention	<input type="checkbox"/> Self-responsibility
<input type="checkbox"/> Responsible Citizenship	<input type="checkbox"/> Self-motivation	<input type="checkbox"/> Management	<input type="checkbox"/> Character
<input type="checkbox"/> Contributions to Group Effort		<input type="checkbox"/> Lifestyle Choices	<input type="checkbox"/> Managing Feelings
			<input type="checkbox"/> Self Discipline

Choose at least one life skill you checked from the list above. Briefly describe how your Fashion Revue/Clothing and Textiles project experiences helped you practice this life skill.

Life Skill: _____

I have personally prepared this report and believe it to be correct.

Date _____ Signed _____
(4-H member)

I have reviewed this report and believe it to be correct.

Date _____ Signed _____
(4-H Leader or Extension Agent)