

4-H Family Nutrition Program Lesson Log Pre-K & K

Program Assistant _____ Unit _____ Date Enrolled _____
 Group Name _____ Group Leader(s) _____ Number of Youth in Group _____

Lesson Source: LEAP = Literacy, Eating, and Activity for Preschoolers (For use with Pre-K and Kindergarten) OWG = The OrganWise Guys® (For use with Kindergarten only)

Lesson Title	Lesson Source	Date Taught	Lesson Length 	Lesson Leader	No. of Children	Support Materials/Comment
Literacy, Eating, and Activity for Preschoolers (Pre-K and Kindergarten)						
Hungry Caterpillar	LEAP					
DW, Picky Eater	LEAP					
Spriggles: Activity	LEAP					
Count on Pablo	LEAP					
Jack's Garden	LEAP					
Eating the Alphabet	LEAP					
Growing Veggie Soup	LEAP					
Spriggles: Health	LEAP					
Gigantic Turnip	LEAP					
One Bean	LEAP					
I.Q. Gets Fit	LEAP					
Mean, Nasty, Dirty Germs	LEAP					
The OrganWise Guys® (Kindergarten only)						
An OrganWise Field Trip	OWG					
"Counting" on You to Play	OWG					
Keeping Your "Pets" Healthy	OWG					
Cheering for Healthy Choices	OWG					
Click on Your Sir Rebrum	OWG					
FIBER-ific Fashion!	OWG					
What's on Your Plate?	OWG					

This publication was partially funded by USDA's Supplemental Nutrition Assistance Program (SNAP). The Supplemental Nutrition Assistance Program provides nutrition assistance to people with low incomes. It can help you buy nutritious foods for a better diet. To find out more, contact your local county or city **Department of Social Services** (phone listed under city/county government). For help finding a local number, call toll-free: **1-800-552-3431** (M-F 8:15-5:00, except holidays). By calling your local DSS office, you can get other useful information about services.

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