How do youth benefit from 4-H Camping in Virginia?

Research Shows:
- Virginia has one of the largest 4-H camping programs in the nation.
- Camp improves the lives of children, youth, and families.
- Virginia 4-H Camps are safe, accessible and affordable!
- Camp enables children to grow to be caring, contributing, successful members of society.
- Camp builds life skills like making connections & self-confidence.

“After attending camp, I was better able to...”:
- “...take responsibility for my actions” - 71%
- “...work as a team” - 68%
- “...make new friends” - 63%
- “...make decisions for myself” - 60%
- “...enjoy learning new skills” - 71%
- “...enjoy helping others” - 69%
- “...express my opinions with others” - 56%

For more information:
- Contact your local Extension Office
- Contact your local 4-H Educational Center
- Visit www.ext.vt.edu/resources/4h/camping.html

Virginia 4-H Centers are accredited by the American Camp Association.