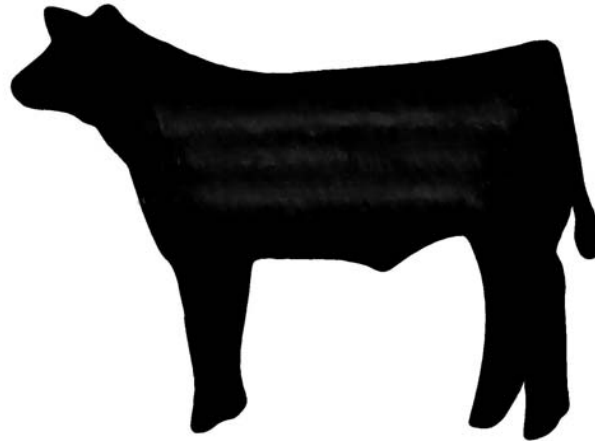




Virginia 4-H Beef Heifer Project



Junior Record Book (for youth ages 9- 13)

Name _____ Date of Birth _____ Age _____

Physical Address _____

Mailing Address (if different) _____

What county/city 4-H program are you enrolled in with this project _____

4-H Club _____ Years in 4-H (including this year) _____

Is the place where you keep your project animal registered with the National Animal Identification System (NAIS) Yes No

Date Project Started _____ Date Project Completed: _____

Member Statement:

I hereby certify that I have personally kept records on this project and have personally completed this record book.

4-H Member's Signature _____ Date: _____

Record Approval: The 4-H member has completed this record book to a satisfactory level.

Parent/Guardian Signature: _____

4-H Leader's Signature: _____



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Instructions for Using this Record Book

This record is designed to be the place for you to keep records on your animal projects. Read through the book carefully and complete all sections requested (for example, project planning, feed and health care purchases, supplies and tools, results from shows, and a financial summary). Do not leave any sections blank unless they do not relate to your project animal. It is important that you do your own work, but ask your 4-H leader, Extension Agent, parents, or other 4-H volunteers for help when you do not understand something.

This project record book is for record-keeping only. Information about how to raise these animals can be found in various 4-H Project Guides. Copies of project guides may be obtained from your local Virginia Cooperative Extension office.

1. Read through this book and familiarize yourself with the kinds of records you will need and where information should be recorded. Discuss the book with your parent and/or 4-H leader.
2. Complete essential information when you first start your project, such as the cover page and the project planning page. Share your goals with your 4-H leader.
3. Keep your records up to date. Record information as it occurs. Consider setting aside specific times during the project when you will work on your record book.
4. Write neatly and legibly. Use only one color ink.
5. Include at least one photograph of you with your project animal, but do not include more than two pages of photos. Additional clippings should be displayed in a scrapbook, not this record book.
6. Maintain your book in a 3-ring notebook/binder or folder.
7. Write a project story that captures what happened during your project. Discuss your goals, your activities, your challenges, and your accomplishments. Project stories must be at least five sentences; more experienced 4-H members' stories should be more in depth.

Revised 2007 by: Kelly Mallory, Extension Agent, 4-H Youth; Kaci Coppedge, Extension Agent, 4-H Youth; Cyndi Estienne, Extension Agent, 4-H Youth; Mary Elizabeth Williams, Extension Agent, 4-H Youth; Jocelyn Dailey, Extension Agent, 4-H Youth; Leslie Prillaman, Extension Agent, 4-H Youth; Bertha Durbin, 4-H Volunteer; Sandra Turner, 4-H Volunteer; Mark Walberg, Extension Animal Science Specialist, Virginia Tech; Celeste Crisman, Extension Equine Specialist, Virginia Tech; David Winston, Extension Dairy Specialist, Virginia Tech.

Project Planning

1. What factors will you consider when selecting your dairy project animal(s) (breed, age, size, etc..)?

2. Where will you get your project animal? Reasons for selecting that breeder or farm.

3. How will you pay for your project animal?

After completion, show this page to your 4-H leader for approval.

Leaders Signature: _____ Date: _____

Beef Heifer Project Inventory Record

Use one chart for all animals. Copy additional pages as needed

Animal ID (Name or #)	Registration # and/or Tattoo	Description (breed, color, marking, etc...)	Birth date of Animal	Ownership Information	Animal Value or Purchase Price
				<input type="checkbox"/> Raised on the Farm <input type="checkbox"/> Purchased _____ (purchase date) <input type="checkbox"/> Leased _____ (lease date)	
				<input type="checkbox"/> Raised on the Farm <input type="checkbox"/> Purchased _____ (purchase date) <input type="checkbox"/> Leased _____ (lease date)	
				<input type="checkbox"/> Raised on the Farm <input type="checkbox"/> Purchased _____ (purchase date) <input type="checkbox"/> Leased _____ (lease date)	
				<input type="checkbox"/> Raised on the Farm <input type="checkbox"/> Purchased _____ (purchase date) <input type="checkbox"/> Leased _____ (lease date)	
				<input type="checkbox"/> Raised on the Farm <input type="checkbox"/> Purchased _____ (purchase date) <input type="checkbox"/> Leased _____ (lease date)	
				<input type="checkbox"/> Raised on the Farm <input type="checkbox"/> Purchased _____ (purchase date) <input type="checkbox"/> Leased _____ (lease date)	

Heifer Identification Page

(Complete this page for ONE of your heifer projects)

Animal's Name: _____

Registration/Tattoo/Tag: _____

Breed: _____ Date of Birth: _____

Name of Breeder: _____

City, State: _____

Pedigree

_____	Paternal Grandsire	Number
Sire's Name		
Number		
	Paternal Granddam	Number

_____	Maternal Grandsire	Number
Dam's Name		
Number		
	Maternal Granddam	Number

Identification

Attach a picture of your heifer below!

Animal Care and Management

Your project requires regular care and management. List the things necessary to take care of your project animal(s).

Include the following:

- Feeding and watering practices
- Grooming (clipping, trimming, foot care, etc.....)
- Health practices and medicines
- General Management (cleaning living area and feed pans, halter breaking, training, etc...)
-

Daily—Things done every day
<i>Example: fed animal , gave fresh water, spent time with animal</i>
Weekly—Things done once a week
<i>Example: Cleaned feed and water containers, gave new bedding</i>
Monthly—Things done once a month
<i>Example: Groomed my animal</i>
Yearly—Things done one time or occasionally throughout the year
<i>Example: Trimmed feet</i>

Feed Records and Expenses

Keeping good feed records is important. Good records show your expenses for feed and what kind of feed you use for your project. A good practice is to enter your feed expenses when you buy feed. A good way to keep track of feed use is to put a calendar in the barn and write down the amount and the kind of feed used each day. At the end of the month, total each kind of feed used and its cost and record the information below. Home-raised feeds should be valued at market price - what it can be sold for.

Type and Cost of Feed Used			
Date of Purchase	Amount (lbs.)	Type of Feed (milk replacer, grain mix , hay, pasture, silage, salt, mineral, supplement)	Cost or Value
Total Lbs.		Total Cost	\$

How to Calculate Monthly Cost of Feeds

(complete this page for one animal)

Grain

Cost of a bag of grain: \$ _____ ÷ _____ lbs in the bag = \$ _____ per lb

Amount fed: _____ lbs per day X _____ days (in month) = _____ lbs

Monthly cost of grain: \$ _____ X _____ lbs =

(Cost per lb grain) (Total amount fed) (Monthly Cost of Grain)

Supplements (additives for increasing grain, etc..)

Cost of package: \$ _____ ÷ _____ oz or lb. in container = \$ _____ per oz or lb.

Amount fed: _____ oz or lb. per day X _____ days (in month) = _____ oz or lb.

Monthly cost of supplements: \$ _____ X _____ oz or lb. =

(Cost per oz or lb.) (Total amount fed) (Monthly cost of Supplement)

Hay

Cost of a bale of hay: \$ _____ ÷ _____ lbs per bale = \$ _____ per lb

Amount fed: _____ lbs per day X _____ days (in month) = _____ lbs

Monthly cost of hay: \$ _____ X _____ lbs =

(Cost per lb of hay) (Total amount fed) (Monthly Cost of Hay)

Feed Tag Information

Please attach a tag or label from one feed being used for your project animal. If a home-made mix is used please describe the mix on the back of this page.

1. What production level or type of animal is this feed designed for?
(*Ex. lactating animal, growing animal, etc....*)
2. What is the Crude Protein level of this feed?
3. What is the main ingredient in this feed?
(Hint: if the answer is not clear, it's probably the first ingredient listed.)
4. Is this a medicated feed?

Miscellaneous Expenses or Fees

List any expenses that do not fit into one of the previous categories. Examples: Entry fees, transportation, breed association dues, registration papers, etc.

Date	Description	Cost \$
<i>Example 7/1</i>	<i>County Fair Entry Fees</i>	<i>\$40.00</i>
Total Miscellaneous Expenses		\$

Miscellaneous Income

Any income from the sale of products from your project animal. (Milk or offspring)

Date	Description	Income \$
Total Miscellaneous Income		\$

Show Ring Record

Record the date and name of any shows attended, placing out of the number of entries in the class, and any premium money earned.

Date	Show	Class	Placing	Premiums Won
			----- out of -----	
			----- out of -----	
			----- out of -----	
			----- out of -----	
			----- out of -----	
			----- out of -----	
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			----- out of -----	
			----- out of -----	
			----- out of -----	
Total Premiums Won \$				

Breeding and Calving Summary

Animal ID	Date Bred	Date Calved	Sex of Calf	End Product
	1st Service: _____ 2nd Service: _____ 3rd Service: _____			<input type="checkbox"/> Added to Herd <input type="checkbox"/> Sold \$ _____
	1st Service: _____ 2nd Service: _____ 3rd Service: _____			<input type="checkbox"/> Added to Herd <input type="checkbox"/> Sold \$ _____
	1st Service: _____ 2nd Service: _____ 3rd Service: _____			<input type="checkbox"/> Added to Herd <input type="checkbox"/> Sold \$ _____
	1st Service: _____ 2nd Service: _____ 3rd Service: _____			<input type="checkbox"/> Added to Herd <input type="checkbox"/> Sold \$ _____
	1st Service: _____ 2nd Service: _____ 3rd Service: _____			<input type="checkbox"/> Added to Herd <input type="checkbox"/> Sold \$ _____

Breeding Heifer Production Record

Rate of Gain			
<p>It is important to monitor the rate at which your heifer is growing to make sure she achieves her full production potential. It is a good idea to measure rate of gain several times a year.</p> <p>Pick one month to measure your heifers' rate of gain.</p>			
		Start Date: _____	End Date: _____
Heifer Name	Start Weight	End Weight	Rate of Gain <i>lbs. gained days in month</i>

Project Financial Summary (one chart for all)

Every project has a value, even those which are leased or borrowed. Please work with the owner or breeder to determine the value of the project.

<u>Income</u>	\$
1. Premiums Won, Animals Sold, Milk Sold etc.. pg13 & 14	\$
Total Income =	\$
<u>Expenses</u>	
<ul style="list-style-type: none"> • Many youth select projects as a hobby or for fun, but all projects will incur expenses. • Please use this section to list all expenses related to participating with this project animal 	
1. Animals Purchased or Leasing Fee pg 5	
2. Equipment Expenses pg 8	
3. Feed Expenses <i>(if not included with leasing fees)</i> pg 9	\$
4. Health Care Expenses pg12	\$
5. Miscellaneous Expenses pg 13	\$
Total Expenses =	\$
Financial Summary (Total Income–Total Expenses)	
	\$

Questions

1. Was the cost of keeping your project what you expected?

2. What will you do differently next year ?

Note: You may photocopy pages 17-19 and add to other project books if you have more than one project type.

4-H Activities

Number of club meetings held: _____ Number you attended _____

What 4-H committees did you serve on?

Did you hold an officer position in your 4-H Club? Yes No

If Yes, which one ?

President Vice President Secretary Treasurer
 Reporter Chaplain Other _____

What other 4-H leadership roles did you hold this year? (camp counselor, teen leader, etc...)

What other 4-H clubs did you belong to and/or what other projects did you complete?

4-H Activities

(community service, workshops, camps, Share-the-Fun, county contests, judging teams, etc....)

Activity	Date	Location	Placing or Comments

4-H Story

The motto of 4-H is "learn by doing". Each year we learn something new by participating in a 4-H project. Please write a story that explains:

- *What you have learned*
- *New skills you have gained over this past year in 4-H*
- *What goals you accomplished. If you accomplished your goals, how did you do so?*

Other Examples that you may consider writing about include: Something that happened that was funny, sad or exciting, Challenges you faced and how you overcame them, Who helped you with your project and how they contributed, Things you are most proud of. Feel free to relate your 4-H experience to other parts of your life (school, home, family, friends, etc..). Stories must be at least five sentences.



Project Photos



**** Please limit yourself to a maximum of two photo pages. ****
Additional memorabilia should be displayed in a scrapbook or 4-H portfolio.

**Optional—Record Book Scorecard*

4-H Members: Leave this page blank.

The person judging your book will complete the score card.

<u>Points Possible</u>	<u>Scoring Criteria</u>	<u>Points Awarded by Judge</u>
10	Neatness (legible writing, one color ink, well-organized)	_____
15	Completeness (all pages and sections, complete thoughts and ideas)	_____
5	Signatures obtained on front cover (member, parent, leader)	_____
10	Accuracy (no math errors, factual statements made)	_____
20	Project Work (goals set, evidence of work throughout the year, goals accomplished, book completed by 4-H member, not an adult)	_____
10	4-H Participation (meetings, clinics, workshops, camps, contests, educational experiences)	_____
20	Project Story (well-written, original, creative, complete thoughts, grammar, mechanics)	_____
10	Photos, clippings, etc. (include at least one photo, not more than 2 pages)	_____
100	Total Points Earned by 4-H'er	_____

Scoring: 90-100 Blue, 75-89 Red, 74 or below White

Judges' Comments: