Virginia SNAP-ED Works
Supplemental Nutrition Assistance Program Education

THE CHALLENGE

318,150
Virginians
1 in 7 people face food insecurity

29.8%
of Virginia children
are overweight or obese*

64%of Virginia adults are
overweight or obese**

64%
Obesity costs more than
$3.3 billion
dollars each year in Virginia

THE SNAP-ED SOLUTION

TEACH families how to buy
and prepare healthy foods

HELP families stretch tight budgets
and buy nutritious options

CREATE a culture of health

THE RESULTS

SNAP-Ed
Works for Virginians

85% of families buy and prepare
MORE
HEALTHY FOODS

FEWER FAMILIES go hungry

Nutritious foods
BECOME AFFORDABLE AND
ACCESSIBLE, such as at Farmers Markets

More Farmers Markets with SNAP EBT
STRENGTHEN LOCAL ECONOMIES

In 2015, Virginia SNAP-Ed reached 81,987 limited resource children and 24,210 adults throughout the commonwealth.


For further information and resources go to www.movemore.ext.vt.edu

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