#### Improving Wellbeing

## **Charlotte County**

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#### **Community Voices**

"4-H showed there is so much to be involved in. 4-H taught me how to teach and to overcome challenges from bad



anxiety, and it brought many new and amazing relationships into my life. 4-H made me the person I am. I'm extremely thankful for the people who are there for me."

**Abigail Malloy** 4-H Youth Participant

# 796

**4-H youth participants** 

#### **Partners for Solutions**

"Safe food is a major priority whether you are a producer or consumer. As the Agriculture and Natural



Resources agent in Charlotte County, I have conducted food safety training along with Extension specialist Amber Vallotton. The training helped eight producers gain GAP certification, and four producers received grant funding totaling \$4,200."

#### Joanne Jones Agent



Young adults from APEX Day Services learn about gardening at the Charlotte County Extension Office demonstration garden.

### **Sharing Knowledge**

Charlotte County Extension Office staff members teamed up to offer young adults from APEX Day Support Services exposure to gardening and nutritious food. This educational program allowed the participants to create a fairy garden, make guerrilla seed balls, and prepare a nutritious snack using easy-to-find ingredients. Participants were also offered hands-on experience planting and watering the Extension demonstration garden. The event lasted approximately 90 minutes and allowed the young adults to rotate through stations.

The preparation and teaching for this event required assistance by numerous Master Gardeners in addition to Extension staff. Participants experienced memorable learning opportunities and education on healthy eating habits.



### **Charlotte County**

### **Funding by Source**



38% State

27% Local

**12% Federal** 

**18% Grants** 

**5% Other** 

### **Total Funding: \$317,322**

\$2.71

return on investment for every dollar invested by the county in Charlotte County

# \$95,788

value of extension volunteer hours in Charlotte County

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