Improving Wellbeing

Alexandria City

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Community Voices

"Virginia Cooperative Extension provided cooking demonstrations to guests of the Lazarus Food Pantry. The recipes provided were delicious, and the instructions were easy to follow, which helped our guests use the enormous quantity of greens and squash that were donated this year."

Anne Shackleton

Christ Church Alexandria

270

Alexandrians completed our community survey in collaboration with the city

Partners for Solutions

"I worked with Alexandria's natural resources and community gardens managers to create the



first ever city proclamation naming October as Urban Agriculture and Environmental Sustainability Month in Alexandria. The proclamation honors 550 volunteers from three programs who give over 50,000 hours of service a year to our area."

Kirsten Conrad Agent



The Alexandria Nature and Animal 4-H Club participates in Alexandria's Ghost and Graveyard Tour during their October club meeting.

Sharing Knowledge

The 2025 Alexandria Children and Youth Master Plan emphasized the need for more affordable, long-term, positive youth development programs in the city, and found that only 1 in 5 youth felt valued by adults in the community. The plan noted that merely 8% of surveyed youth had the ideal number of developmental assets – a researched set of supports shown to improve positive outcomes for young people.

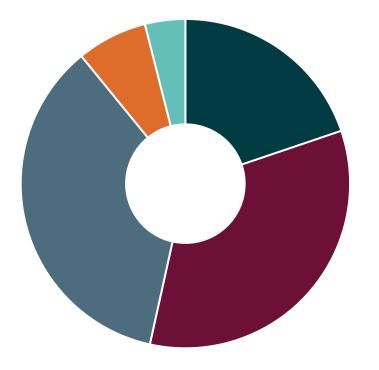
Alexandria 4-H has partnered with the Jerome "Buddie" Ford Nature Center to provide research-backed solutions to our youth and families by establishing a free, sustainable, year-round club with caring adult volunteers. These volunteers help youth members develop leadership, citizenship, and life skills, while also involving them in nature.

Members proudly represented Alexandria at local and regional events, winning multiple ribbons in their first year. The club is slated to become the first Alexandria 4-H Club recognized by the USDA and the Commonwealth of Virginia.



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Funding by Source



20% State

34% Local

36% Federal

7% Grants

4% Other

Total Funding: \$174,283

\$	1.	9	7

return on investment for every dollar invested by the city in Alexandria City

\$7,084

value of extension volunteer hours in Alexandria City

To find out how you can support your local Extension office, visit www.cals.vt.edu/make-a-gift.

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